



**EFFECTIVE 08/02/2010**

**North Valley Gymnastics**  
 20815 N. 28th St.  
 Phoenix, AZ 85050  
 602-404-FLIP (3547)  
[www.northvalleygymnastics.com](http://www.northvalleygymnastics.com)

## Class Schedule & Pricing

(Schedule and Pricing subject to change)

15% Multi Class & Sibling Discount (Not eligible for Team Programs)

15% Discount for all Safety Service Employees & Their Families

ANNUAL Membership (\$30 - 1st Student, \$20 - 2nd Student, \$70 - Family 3+ Students)

Annual Membership will be assessed at time of enrollment and is renewable each year.

<b>KINDERGYM (AM)</b>								
Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Movers (18 m - 3 yrs)</i>	45 min	\$60			9:30-10:15	9:30-10:15	9:30-10:15	9:00-9:45
<i>Jumpers (3 - 4 yrs)</i>	50 min	\$65	10:30-11:20	11:30-12:20 10:30-11:20	10:30-11:20 11:30-12:20	10:30-11:20	11:30-12:20	10:00-10:50
<i>Tumblers (4 - 5 yrs)</i>	60 min	\$75				9:30-10:30	10:30-11:30	11:00-12:00
<i>Flippers (5 - 6 yrs)</i>	60 min	\$75	11:30-12:30	9:30-10:30		11:30-12:30		12:00-1:00
<i>Super Stars (Teacher Recommendation Only)</i>	75 min	\$85						10:30-11:45
<i>Scooters (BOYS Only) (3 - 4 yrs)</i>	50 min	\$65				10:30-11:20	9:30-10:20	
<i>Racers (BOYS Only) (4 - 6 yrs)</i>	60 min	\$75				11:30-12:30		
<i>Kinder Open Gym (2-5 yrs)</i>	60 min	\$7	9:15-10:15					

<b>KINDERGYM (PM)</b>								
Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Jumpers (3 - 4 yrs)</i>	50 min	\$65	5:00-5:50	5:30-6:20	3:30-4:20 5:00-5:50	4:00-4:50	3:30-4:20	
<i>Tumblers (4 - 5 yrs)</i>	60 min	\$75	4:00-5:00	3:30-4:30 4:30-5:30	4:00-5:00		4:30-5:30	
<i>Flippers (5 - 6 yrs)</i>	60 min	\$75	3:30-4:30 5:30-6:30	4:30-5:30	5:15-6:15	4:00-5:00 5:00-6:00		
<i>Super Stars (Teacher Recommendation Only)</i>	75 min	\$85	4:15-5:30	3:15-4:30 5:30-6:45	4:00-5:15	5:00-6:15	5:30-6:45	

<b>GIRLS RECREATIONAL GYMNASTICS</b>								
Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Girls - Level 1</i>	60 min	\$80	4:00-5:00 5:30-6:30	3:30-4:30 5:30-6:30	4:00-5:00 4:30-5:30	4:00-5:00 5:30-6:30	4:30-5:30	9:00-10:00 10:00-11:00
<i>Girls - Level 2</i>	75 min 2.5 hrs	\$97 \$157	5:00-6:15 6:30-7:45	4:00-5:15	5:00-6:15	4:00-5:15 6:30-7:45	5:30-6:45	9:30-10:45 11:00-12:15
<i>Girls - Level 3</i>	90 min 3 hrs	\$114 \$180	6:30-8:00	6:30-8:00	4:30-6:00 6:30-8:00	5:00-6:30		11:00-12:30
<i>Girls - Level 4/5</i>	2 hrs 4 hrs	\$144 \$192	5:30-7:30			5:30-7:30		
<i>Girls (Ages 10+)</i>	75 min 2.5 hrs	\$97 \$157		6:30-7:45	5:30-6:45	6:30-7:45		
<i>Girls Rec - Fast Track (by Invitation Only)</i>	4 hrs 6 hrs	\$192 \$228	4:30-6:30		4:30-6:30		4:30-6:30	



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### BOYS RECREATIONAL GYMNASTICS

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scooters (3 - 4 yrs)	50 min	\$65				10:30-11:20	9:30-10:20	
Racers (4 - 6 yrs)	60 min	\$75	4:00 - 5:00	4:00 - 5:00		11:30-12:30 4:00 - 5:00		9:00-10:00
Rockets (4 - 6 yrs) Teacher Recommendation	60 min	\$75	4:00 - 5:00					
Boys (Ages 6 - 9)	60 min	\$80		5:00 - 6:00	4:00-5:00	5:00 - 6:00	5:00-6:00	
Boys (Ages 10+)	60 min	\$80	5:00-6:00	6:00 - 7:00	5:00-6:00			10:00-11:00

### POWER TUMBLING

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginning Tumbling	2	\$110	5:00-7:00		5:00-7:00			
	4	\$192						
Intermediate/Advanced Tumbling	2	\$110		5:00-7:00			5:00-7:00	
	4	\$192						
Adult Tumbling (18+)		\$64/Month \$20/Class						7:30-9:00am

### T&T (Trampoline & Tumbling)

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tornados (Ages 4 - 6)	1	\$75	10:30-11:30 3:30-4:30		13:00-11:30 3:30-4:30		3:30-4:30	9:00-10:00
T&T Beginning	1	\$80	4:00-5:00 4:30-5:30	4:00-5:00	4:00-5:00 4:30-5:30	4:00-5:00	4:00-5:00	9:00-10:00
T&T Intermediate	1	\$80	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00		10:00-11:00
T&T Advanced	2	\$124		6:00-8:00		6:00-8:00		
	4	\$192						
Strength Training (Jumpstart)	1	\$30	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	
	2	\$40						
	3	\$50						
	4	\$60						
Tumbling & Trampoline Mini Camp		\$15 (if currently enrolled in class at NVG) \$20 (if not currently enrolled in class at NVG)					7:00-9:00 2nd & 4th Friday	
TEAM TWISTERS (Invitation Only)	4	\$192	5:30-8:30	6:00-8:00	5:30-8:30	6:00-8:00	4:00-7:00	
	5	\$210						
	6	\$228						
	7	\$248						
	8	\$268						
	9	\$288						
	11	\$308						
13	\$318							



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### GIRLS GYMNASTICS - DEVELOPMENTAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Petite Elite</i> (2 Days Per Week)	3	\$180	4:00-5:30	4:00-5:30		4:00-5:30		
<i>Junior Elite</i> (2 Days Per Week)	4	\$192		4:00-6:00		4:00-6:00		
<i>Pre-Team</i> (3 Days Per Week)	10	\$298	4:00-7:30		4:00-7:30		4:00-7:00	

### GIRLS GYMNASTICS - TEAM SCHEDULE

(\*\* Includes 1 Hour of Ballet each week)

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
** Level 4	10	\$318	4:00-7:30		4:00-7:30		4:00-7:00	
** Level 5	13	\$338		4:00-8:00		4:00-8:00		9:00-1:00
** Level 6	16	\$368	4:00-8:30	4:00-8:30		4:00-8:30	4:00-7:00	
** Level 7	18	\$388		4:00-8:30	4:00-8:30		4:00-8:00	8:30-1:30
** Levels 8 - 10	21	\$418	4:00-7:00	4:00-8:30	4:00-8:30		4:00-8:00	8:30-1:30

### BOYS GYMNASTICS - TEAM SCHEDULE

(\*\* Includes 1 Hour of Ballet each week)

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Might Rockets</i>	2	\$144					4:00-6:00	
<i>Boys Pre-Team</i>	4	\$192				6:00-8:00		9:00-11:00
** Level 4	9	\$308	4:00-7:00	4:00-7:00		4:00-7:00		
** Level 5	13	\$338	4:00-8:00		4:00-7:00	4:00-7:00		9:00-12:00
** Level 6	16	\$368	4:00-8:00		4:00-8:00		4:00-8:00	9:00-1:00
** Levels 7 - 10	20	\$408	4:00-8:00	4:00-8:00	4:00-8:00		4:00-8:00	9:00-1:00



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### CHEER - SCHEDULE

(\*\* Includes Tumbling Instruction)

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>**Mini</b>	2	\$100		4:00-5:00		4:00-5:00		
<b>**Youth</b>	4	\$150	4:00-6:00		4:00-6:00			
<b>**Senior</b>	4	\$150	6:00-8:00		6:00-8:00			

### ACROBATIC GYMNASTICS - SCHEDULE

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Acrobatic Gymnastics</b>	1	\$80						10:00-11:00

### OPEN GYM

Class Name	Cost	Time
<i>Open Gym (Ages 6 &amp; Up) (Includes Pizza &amp; Drink)</i>	<b>\$15 (When paid at time of reservation) \$20 (At door- spot not guaranteed without reservation)</b>	7:00 - 9:30 (every 1st & 3rd Friday) <b>See Schedule Below</b>

#### Open Gym Schedule for 2010

July 2010 (16th & 30th)  
 August 2010 (13th & 27th)  
 September 2010 (10th & 24th)  
 October 2010 (8th & 22nd)  
 November 2010 (5th & 19th)  
 December 2010 (3rd & 17th)

### FITNESS/DANCE

Class Name	Hrs Per Week	Cost	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hip Hop - Beginner</b>	1	\$55			5:00-6:00			
<b>Hip Hop - Intermediate</b>	1	\$55			4:00-5:00			
<b>Breaking - Beginner</b>	1	\$55			6:00-7:00			
<b>Home School Fitness</b>	1	\$35		12:00-1:00		2:00-3:00		
<b>Adult Strength &amp; Flex</b>	1	\$40	6:30-7:30	6:00-7:00				